**Lauren Topp**

Personal Nursing Philosophy Statement: “Curing is only one part of caring.”

**EDUCATION**

Aug. 2021 **University of Louisville**, Louisville, KY

*Doctorate of Nursing Practice, Family Track, BSN to DNP*

May 2016 **Marquette University,** Milwaukee, WI

*Bachelor of Science Degree in Nursing*



**WORK EXPERIENCE**

Nov. 2021 - June 2022 **University of Louisville Hospital Trauma Center**,Louisville KY

Crisis Response Traveling Registered Nurse/Mixed acuity PCU

* Successfully integrated with department staff and department culture to offer the highest level of patient care.
* Assumed advocate role for patients in need of care plan alterations.
* Collaborated with medical students, residents, and fellows to outline appropriate care plans.
* Participated in discharge needs for patients and educated patients around home interventions.
* Prepared patients for surgery and monitored needs post-surgery.
* Offered dressing changes as ordered and wound interventions as needed.

Sept. 2016 - Sept. 2021 **Baptist Health Louisville**, Louisville KY

Registered Nurse/Relief Charge Nurse Neurology TCU

* Effectively collaborated with other employees to decrease infections and falls in the units.
* Communicated appropriately and effectively during code situations and crises.
* Participated in a root cause analysis (RCA) for multiple clinical cases.
* Precepted new graduate nurses to the unit and mentored them during their training.
* Wrote daily reports and care plans regarding patient events and care coordination.
* Provided individualized interventions for each patient and appropriate evaluation of these interventions.

Jan. 2013 - Jan. 2015 **Marquette University**, Milwaukee, WI

Student Office Assistant with the College of Nursing

* Extracted information on surveys to provide statistical framework and understanding for faculty.
* Communicated clearly and respectfully over the telephone.
* Conducted building tours and discussed with potential students the benefits of the nursing program that Marquette has to offer.

**CLINICAL SKILLS**

* Obtains and accurately documents comprehensive medical histories
* Modifies interview technique to meet differences in age, gender, and cultural factors
* Formulates a list of differential diagnoses
* Demonstrates ability to identify “red flags” requiring urgent or emergent care, consultation, or referral
* Identifies and plans appropriate health promotion education, counselling, and anticipatory guidance to the patient/family/caregiver
* Synthesizes data from a variety of sources including evidence-based practice recommendations to approach patient management
* Maintains a climate of mutual respect and shared values
* Demonstrates an understanding of the interdependence of policy and practice
* Discusses ways to minimize risk of adverse patient outcomes
* Utilizes interdisciplinary team members for care planning
* Applies Jean Watson’s Caring Theory when communicating with patients and families with life-threatening illnesses

**LICENSE AND CERTIFICATIONS** 

* American Academy of Nurse Practitioners Certification Board, FNP-Certification Number F10210805
* State of Kentucky Board of Registered Nursing License Number 1149330
* State of California Board of Registered Nursing License Number 95146995
* State of Kentucky Board of Registered: Nurses Advanced Practicing Registered Nurse
* Advanced Cardiac Life Support (ACLS)
* Basic Life Support (BLS)
* National Institute of Health Stroke Scale (NIHSS)
* Telemetry monitoring and Arrhythmia training
* FlourishCare: Integrated Person-Centered Geriatric Primary Care Certification
* Substance Use Disorder Medical Education Curriculum Certification

**AWARDS AND RECOGNITION**

* Dean’s List Recognition within the University of Louisville 
* Dean’s Scholar Recognition within the University of Louisville
* Daisy Nominee within Baptist Health Louisville
* Nurse of the Year (2017)

**CONFERENCES AND PROJECTS**

April 2021 **Kentucky Association of Nurse Practitioners and Nurse Mid-wives**

33rd Annual Coalition Conference

Louisville, KY

March 2021 **Gilda’s Club Kentuckiana for collaborative DNP Project**

A Yoga Class Intervention for Quality-of-Life Outcomes in a Cancer Community Support Program

Location here

**VOLUNTEER ACTIVITIES**

April 2021 - July 2021 **Jefferson County Public School System**, Louisville, KY

* Volunteered in a school setting to provide vaccinations for families and children
* Worked with the director of nurses to coordinate care for children with chronic diseases throughout the school day
* Offered education to families to better support their child with chronic diseases and/or behavior concerns

May 2020 - Aug. 2021 **Have a Heart Clinic**, Louisville, KY

* Provided ancillary education with diagnoses such as heart failure and coronary artery disease
* Underserved populations were provided free resources with basic heart care
* Medication management and disease management plans were individualized for each patient

June 2018 - June 2019 **Americana Community Center**, Louisville, KY

* Provided after-school services to school aged children and families
* Organized events to create civil interactions and learning for refugee students
* Worked with different backgrounds, cultures, and communities to provide resources for family support

May - Aug. 2014 **Milwaukee Spanish Immersion School**,Milwaukee, WI

* Effectively communicated with ethnically diverse individuals and families by verbal and non-verbal techniques.
* Immersed and educated myself in interpersonal relationships with students from different cultural, social, and spiritual backgrounds.

Jan. - May 2013 **Milwaukee Center for Independence**,Milwaukee, WI

* Aided in completing tasks asked of students with pathologically diverse backgrounds.
* Assisted instructor with passive range of motion activities for multiple sclerotic students.
* Controlled advanced medical assistive ambulation devices and specialized transportation devices for physically impaired students.

**UNDERGRADUATE CLINICAL EXPERIENCE**

Jan. 2016 - March 2016Children’s Hospital of Wisconsin, Milwaukee, WI

**Medical Surgical Unit**

Aug. 2015 - Oct. 2015 Aurora St. Luke’s Hospital, Milwaukee, WI

**Medical Respiratory Intensive Care Unit**

March 2015 - May 2015 Columbia St. Mary’s, Milwaukee, WI

**Post-Partum, Labor & Delivery Unit**

Aug. 2014 - Oct. 2014 Aurora St. Luke’s Hospital, Milwaukee, WI

**Cardiac/Telemetry Unit**

Jan. 2014 - March 2014 Clement J. Zablocki Veterans Affairs Medical Center, Milwaukee WI

**Spinal Cord Injury Unit**